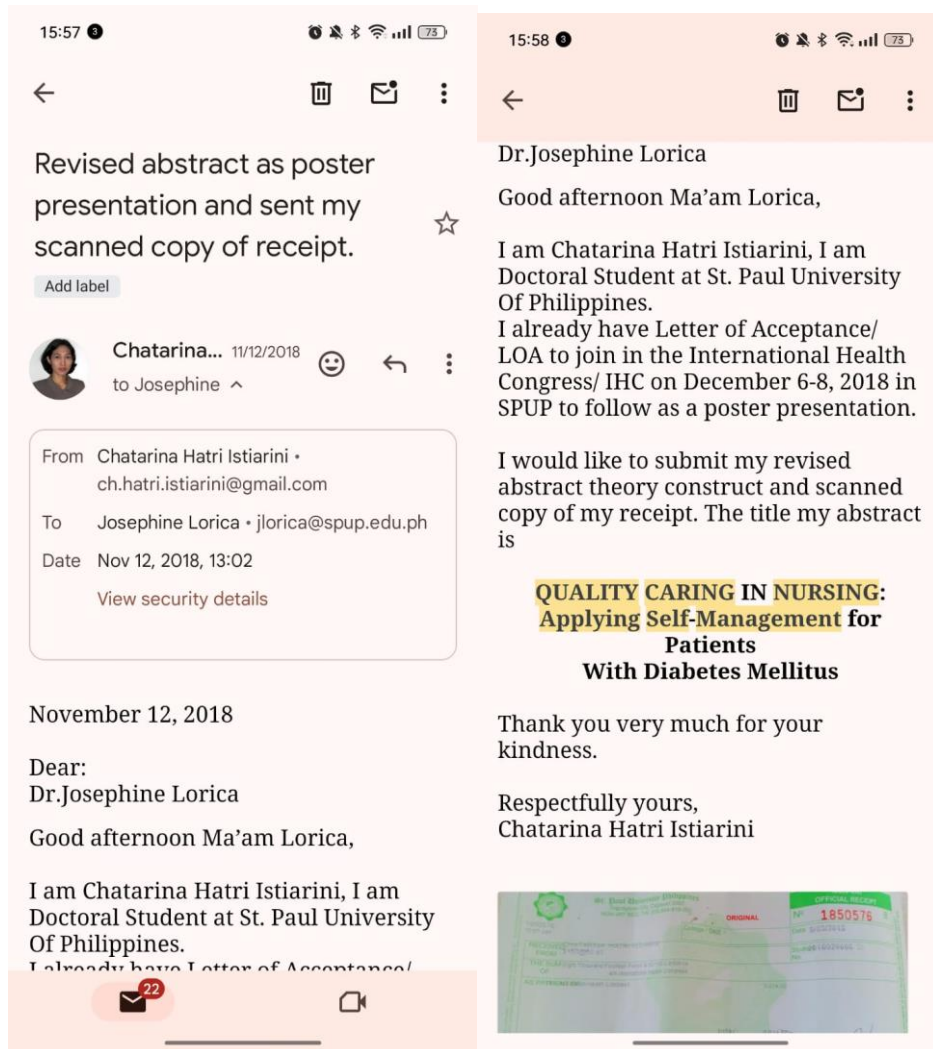


BUKTI KORESPONDENSI

Quality Caring in Nursing: Applying Self Management for Patients with Diabetes Mellitus



**QUALITY CARING IN NURSING:
APPLYING SELF MANAGEMENT FOR PATIENTS WITH DIABETES MELLITUS**

¹Chatarina Hatri Istiarini

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ABSTRACT

Introduction: Diabetes Mellitus (DM) is a chronic disease characterized by blood glucose levels that exceeds the normal value (Society of Endocrinology Indonesia/ Perkeni, 2006). Now, Indonesia has ranked as the fourth highest number of people with DM. Based on the observation done on August 2017, in Kadirojo II there were four people with type 2 DM. When the author/ writer conducted interviews with DM patients said no regular controls in the Community Health Centre. An above cause blood sugar is not controlled.

Purpose: to explore nursing and related sciences which are relevant to nursing knowledge development from the viewpoints of philosophies and theories of nursing.

Methods: Development of theory through literature studies and nursing case studies.

Discussion: The situation above is not good self-management in DM handling. Self-management is self regulation. Self-regulation refers to individuals monitoring, controlling and directing aspects of their learning for themselves. Self-management will be done well if the support system around the patient is also good. In support system with good communication approach, using good language, and good attitude. Like theory "Tractatuslogico-ontological" basis "PhilosophicusTractatus" is a concept of the reality of the world depicted through the language (Biletzki and Matar, 2014).

Conclusion: Self management of DM patient is health education, diet planning, physical exercise, pharmacological intervention / treatment and control of blood sugar independently. To optimize the implementation of self management is very important the support system. Support system is a system that supports DM patient in self-management. Support systems are the families, health workers / doctor, nurse, nutrition, community and health facility. The approaches are with "human science" and "human care" (Watson, 1985).

Keywords:

Diabetes Mellitus, Quality Caring in Nursing, Self Management, Support System.

16:06

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Acceptance Letter for HC



Inbox



Josephine... 11/12/2018
to me



Translate to Indonesian



Dear Hatri,

Attached is your letter of Acceptance.

--

Truly Yours,

Josephine D. Lorica, DPA, RN
University Core Research Team
Research and Publications Office
St. Paul University Philippines
Mabini St., Tuguegarao City
Cagayan Valley 3500

"Do what you can, with what you have,
where you are"

Theodore Roosevelt
Do what you can, with what you have, where you are.
Theodore Roosevelt
Read more at: https://www.brainyquote.com/quotes/theodore_roosevelt_100965





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4TH INTERNATIONAL HEALTH CONGRESS

“Health Care Technology and Innovations in the 4th Industrial Revolution”

October 15, 2018

Chatarina Hatri Istiarini, S Kep., Ns., M Kep., Sp. Kep.MB
Bethesda Yakkum Health Institute
Gondokusuman, Kota Yogyakarta,
Daerah Istimewa Yogyakarta 55224, Indonesia

Subject: Letter of Acceptance

Dear Ms. Istiarini:

Greetings!

Thank you for your interest to participate in the 4th International Health Congress at St. Paul University Philippines, Tuguegarao City which will be held on December 6-8, 2018!

On behalf of the organizing committee, we are pleased to inform you that your abstract entitled *“Quality Caring In Nursing: Applying Self Management For Patients With Diabetes Mellitus”* has been **ACCEPTED** for **poster presentation**.

We request you to see the second page for the format for your abstract submission. Moreover, please submit the revised abstract and a scanned copy of your payment (bank statement) not later than November 15, 2018 before 5 o’clock PM. Please be reminded that the presenting author is required to register and complete the payment of the registration fee.

Thank you and see you at the conference!

Truly yours,

JOSEPHINE D. LORICA, DPA, RN
Chairperson, Paper Submissions & Abstract Review
Chairperson, Poster/Oral Presentations





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Abstract Format- should not be more than 250 words

Introduction: 1-2 sentences.

Purpose: The paper (if it is a philosophical or discussion paper)

Methods: Specify what the author did to come up with the paper – review of literature, in-depth theory analysis or development of the theory through....

Results/ Discussion:

Conclusion: Implications for the evolution of nursing knowledge should be included

Keywords: 3-5 words



MAKING A DIFFERENCE
GLOBALLY

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APPLYING SELF MANAGEMENT FOR PATIENTS WITH DIABETES MELLITUS**

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