

DAFTAR PUSTAKA

- Alvarado, M. A., McGowan, R. H., & Gaglio, M. (2018). Effects of Benson's relaxation technique on anxiety in cancer patients: A randomized controlled trial. *Journal of Psychosocial Oncology*, 36(1), 52-62.
- Bahrudin, M. (2018). Patofisiologi Nyeri (Pain). Saintika Medika, 13(1), 7. <https://doi.org/10.22219/sm.v13i1.5449>
- Benson, H. (1975). The Relaxation Response. Morrow.
- Ibrahim, M. N. (2022). Effect of Benson Relaxation Technique on Pain, Vital Signs, Sleep Quality and Anxiety Among Patients After Spinal Surgery. *Egyptian Journal of Health Care*, 2205.
- Kementerian Kesehatan RI. (2017). Keputusan Menteri Kesehatan RI No. HK.01.07 tentang Pedoman Nasional Pelayanan Kedokteran Tata Tersana Infeksi Intraabdominal. Jakarta: Sekretariat Jendral Kementerian Kesehatan.
- Kementerian Kesehatan RI. (2020). Profil kesehatan indonesia tahun 2019. Jakarta: Sekretariat Jendral Kementerian Kesehatan.
- Kementerian Kesehatan RI. (2022). Mengenal ileus paralitik. RSUP dr. Soeradji: Tim Promkes RSST. https://yankes.kemkes.go.id/view_artikel/522/-mengenal-ileus-paralitik.
- Kementerian Kesehatan RI. (2023). Pentingnya mobilisasi dini pada pasien post operasi laparotomi. Jakarta: Sekretariat Jendral Kementerian Kesehatan. https://yankes.kemkes.go.id/view_artikel/2887/pentingnya-mobilisasi-dinipada-pasien-post-operasi-laparotomi.
- Lin, C. C., Chen, Y. L., & Hsu, Y. L. (2020). The effects of Benson relaxation technique on the quality of life in patients with chronic illness: A meta-analysis. *Journal of Clinical Nursing*, 29(11-12), 2029-2039.
- Mananna, A., et al. (2021). Diagnosis akut abdomen akibat peritonitis. E-Clinic. 9(1), 33-39. <https://doi.org/10.35790/ecl.9.1.2021.31853>.
- Marques, H. S., et al. (2021). Tertiary peritonitis: A disease that should not be ignored. World journal of clinical cases, 9(10), 2160–2169. <https://doi.org/10.12998/wjcc.v9.i10.2160>
- Noorisa et al. (2021). Aplikasi Asuhan Keperawatan Berdasarkan Diagnosa Medis. Jilid 2. Jakarta : EGC.
- Okaniawan, P., E., P., et al. (2022). Diagnosis dan pendekatan terapi pasien peritonitis. Ganesha Medicina Journal. 2(2). <https://ejournal.undiksha.ac-id/index.php/GM/article/view/52053/23132>
- Padila. (2022). Keperawatan Medikal Bedah. Yogyakarta: Nuha Medika.

Rohmani & Hugo, K. B. (2022). Effect of chewing gum on postoperative ileus reduction and improving gastrointestinal motility in postoperative abdominal patients at Jayapura city hospital. *Science Midwifery*. 10(1).

Seaward, B. L. (2012). Managing Stress: Principles and Strategies for Health and Well-Being. *Jones & Bartlett Publishers*.

STIKES BETHESDA YAKKUM